

Healing: your innate gift

It's often mistakenly believed that only a few special souls have the gift of Healing. Whilst it's true that in some, this talent is naturally apparent from an early age, it's also true that **everyone** has the ability to be a healer. The gift just needs to be awakened and developed.

The Healing Trust

The Healing Trust was founded in 1954 as the National Federation of Spiritual Healers (NFSH) by a small dedicated group including the foremost Healer of the day, Harry Edwards. Harry became the first President of the NFSH, and remained so for the first 20 years.

The mandate has always been to promote Healing, also known as Spiritual or Energy Healing, as a natural treatment for all and to make it widely available and accessible.

The NFSH created the first ever Healer Training programme. This foundation has been regularly revised and updated to reflect new, leading edge research and scientific discoveries. We are proud to offer first rate training which is delivered around the UK and the globe.

The Healing Trust is the working name of the registered charity NFSH Charitable Trust Ltd.



Getting Started...

INTRODUCTION TO HEALING

If you'd like a taste of the training before you fully commit, our '**Introduction to Healing**' one-day workshop has been designed to give you exactly that.

On this one-day experiential training you'll be introduced to some essential elements of a Healer's practice and find out all about our two year Practitioner training **Foundation Course**; learning what becoming a Healer entails.

The Healing Trust's practitioner training enables you to safely explore and understand both the practical and energetic principles of Healing. Our Mentoring programme offers support as you develop personally, spiritually, and professionally.

LICENSED TUTORS

The **Introduction to Healing** and the four-part practitioner **Foundation Courses** are delivered throughout the UK and overseas by The Healing Trust's team of licensed tutors.

FIND A COURSE

There's a comprehensive list of UK and international courses on the The Healing Trust's website, under 'Training', along with a list of our Licensed Tutors who can be contacted individually. www.thehealingtrust.org.uk

www.thehealingtrust.org.uk

The Healing Trust

Established 1954

Two year Healing Practitioner Training programme



Founding member of UK Healers –
the governing body for Healing in the UK

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The Healing Trust Practitioner Training programme outlined

Three Elements, two years:

The Training comprises three distinct elements.

1. The Foundation Course
2. Mentoring
3. Self Development & Healing Practice

1. **The Foundation Course** is in four Parts, totalling ten full days of training paced over two years. Parts 1 & 2 comprise the basic training, and are often taught together.

2. **Mentoring** Once Parts 1 & 2 of the Foundation course are completed, you may choose a Healer Member as a Mentor. Whilst a Student you'll have periodic meetings with your Mentor to help and support you in your development.

3. Self Development & Healing Practice

Following the first two parts of the course you'll be encouraged to practice giving Healing to family, friends and pets. You'll also be expected to actively continue your personal and spiritual development. This element is self directed and can take many forms e.g. attending development groups, healing swap sessions, relevant workshops or webinars, and reading related material.

The Log Book:

You'll be given a Log Book in which to document all three aspects of your training.

What you'll learn

In the first two Parts of the Foundation Course you'll learn how to safely conduct a Healing treatment using the chakra energy system. You'll be taught how to properly ground and manage energies, attune to the Source of Healing, how to look after yourself and your client, and instructed in our Code of Conduct.

Parts 3 and 4 of the course go deeper into the energetic nature of health and illness, develop your clinical skills, and explore your own journey into Healing.

The syllabus for the course can be found in the Training section at: www.thehealingtrust.org.uk



Student Membership

When you begin your training, you will automatically be enrolled as a Student Member of The Healing Trust; this plus Insurance is included in your initial course fee.

Your membership is renewable annually.

Why two years?

Have you heard the phrase 'You can't push the river'? We know from experience that it takes a good two years to assimilate the learning and development necessary to become a competent Healer. Developing this skill is an organic process and it takes time, some will say it takes a lifetime. Wanting to rush through it, is a sure sign that a student isn't yet ready.



How do I qualify?

Once you've met the training criteria, you can apply for Healer Membership, endorsed by your Mentor. You'll supply four Case Histories to support your Application. Once verified and your Log Book checked, you'll attend an Assessment Panel to test your competence, including your knowledge of the Code of Conduct, and a demonstration of the Act of Healing.