

Healing: Your Innate Gift

It's often mistakenly believed that only a few special souls have the gift of Healing.

Whilst it's true that in some, this talent is naturally apparent from an early age, it's also true that **everyone** has the ability to be a healer. The gift just needs to be awakened and developed.

The Healing Trust

The Healing Trust was founded in 1954 as the National Federation of Spiritual Healers (NFSH) by a small, dedicated group including the foremost Healer of the day, Harry Edwards.

Harry became the first President of the NFSH and remained so for the first 20 years.

The mandate has always been to promote Healing, also known as Spiritual or Energy Healing, as a natural treatment for all and to make it widely available and accessible.

The NFSH created the first ever Healer Training programme. This foundation has been regularly revised and updated to reflect new, leading edge research and scientific discoveries. We are proud to offer first rate training which is delivered around the UK and the globe.

The Healing Trust is the working name of the registered charity NFSH Charitable Trust Ltd.



Getting Started...

INTRODUCTION TO HEALING

If you'd like a taste of the training before you fully commit, our '**Introduction to Healing**' one- day workshop has been designed to give you exactly that.

On this one-day experiential training you'll be introduced to some essential elements of a Healer's practice and find out all about our two-year Practitioner training **Foundation Course**, learning what becoming a Healer entails.

The Healing Trust's practitioner training enables you to safely explore and understand both the practical and energetic principles of Healing. Our Mentoring programme offers support as you develop personally, spiritually, and professionally.

Licensed Tutors

The **Introduction to Healing** and the four-part practitioner **Foundation Courses** are delivered throughout the UK and overseas by The Healing Trust's team of licensed tutors.

FIND A COURSE

Details of UK and international courses can be found on the Healing Trust's website, www.thehealingtrust.org.uk under 'Training', along with a list of our Licensed Tutors.

The Healing Trust

Established 1954

Two-Year Healing Practitioner Training Programme



Founding Member of UK Healers, the governing body for Healing in the UK

The Healing Trust, Bull End, 1 Strixton Manor Business Centre, Strixton, Northamptonshire, NN29 7PA. UK

01604 603247

office@thehealingtrust.org.uk

www.thehealingtrust.org.uk

The Healing Trust Practitioner Training Programme

Outline:

Three Elements, Two Years:

The Training comprises three distinct elements.

1. The Foundation Course
2. Mentoring
3. Self-Development & Healing Practice

The Foundation Course is in four Parts, totalling ten full days of training paced over two years.

Parts 1 & 2: Comprise the basic training and are often taught together.

Mentoring: Once Parts 1 & 2 of the Foundation course are completed; you may choose a Healer Member as a Mentor. Whilst a Student you'll have periodic meetings with your Mentor to help and support you in your development.

Self-Development & Healing Practice: Following the first two parts of the course you'll be encouraged to practice giving Healing to family, friends and pets. You'll also be expected to actively continue your personal and spiritual development. This element is self-directed and can take many forms e.g., attending development groups, healing swap sessions, relevant workshops or webinars, and reading related material.

The Log Book: You'll be given a Log Book in which to document all three aspects of your training.

What You Will Learn

In the first two Parts of the Foundation Course, you'll learn how to safely conduct a Healing treatment using the chakra energy system. You'll be taught how to properly ground and manage energies, attune to the Source of Healing, how to look after yourself and your client, and instructed in our Code of Conduct.

Parts 3 and 4 of the course go deeper into the energetic nature of health and illness, develop your clinical skills, and explore your own journey into Healing.

The syllabus for the course can be found in the Training section at: www.thehealingtrust.org.uk



Student Membership

Once you have enrolled as a First Year New Student member of The Healing Trust you can begin your training. The enrollment fee includes insurance (UK only). Your membership is renewable annually.

Why Two Years?

Have you heard the phrase 'you can't push the river'? We know from experience that it takes a good two years to assimilate the learning and development necessary to become a competent Healer.

Developing this skill is an organic process and it takes time, some will say it takes a lifetime. Wanting to rush through it, is a sure sign that a student isn't yet ready.



How Do I Qualify?

Once you have met the training criteria, you can apply for Healer Membership, endorsed by your Mentor. You will supply four Case Histories to support your Application. Once verified and your Log Book is checked, you will attend an Assessment Panel to test your competence, including your knowledge of the Code of Conduct and a demonstration of the Act of Healing.